

## ONE HIT WONDERS

### *Wisdom and Our Words*

*And the tongue is a fire. The tongue, a world of unrighteousness, is placed among our members. It stains the whole body, sets the course of life on fire, and is itself set on fire by hell. James 3:6*

*Life and death are in the power of the tongue, and those who love it will eat its fruit.*

Proverbs 18:21

### **The Wise Understand...**

- That what they say matters.
- They are personally responsible to use their words wisely.
- Their words reflect who they are.

*If anyone does not stumble in what he says, he is mature, able also to control the whole body.*  
James 3:2

*A good person produces good out of the good stored up in his heart. An evil person produces evil out of the evil stored up in his heart, for his mouth speaks from the overflow of the heart. Luke 6:45*

### **Helpful Habits**

#### **#1 – Pause before you pronounce.**

*Patience is better than power, and controlling one's emotions, than capturing a city. (Proverbs 16:32)*

#### **#2 – Be Careful about how much you say.**

When there are many words, sin is unavoidable, but the one who controls his lips is prudent. Proverbs 10:19

#### **#3 – Know Why you are saying it.**

*There is one who speaks rashly, like a piercing sword; but the tongue of the wise brings healing.*  
(Proverbs 12:18)

**#4 – When you say it can matter as much as what you say.**

*A word spoken at the right time is like gold apples in silver settings.* (Proverbs 25:11)

*A person takes joy in giving an answer; and a timely word—how good that is!* (Proverbs 15:23)

What are your Words Telling You?